STOCKTON WHEELERS CYCLING CLUB 23 MILE TIME TRIAL – ROAD BIKES ONLY SUNDAY 7th April 2019

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Event Secretary

Paul Kitson 6 Goldrest Close Ingleby Barwick STOCKTON ON TEES TS17 0TE Mobile 07971 266153 Email cycling@kitson49.plus.com **Time Keepers** C. Whitfield G. Russell

First Rider Off At 9:01 A.M.

Course Details T235

Start at gateway to Bishopton Sailboard Center. Proceed through Bishopton, continuing up hil and continue to Great Stainton T junction (2.8 miles). Turn left at junction and proceed towards Sadberge, taking 2nd lane on the left and continue in a southerly direction to top of hill in Sadberge village, where left and then left again onto the C51. Continue along lane towards Norton and take 2nd road junction on the left signposted Redmarshall (10.4 miles). Proceed to Redmarshall village and turn left at crossroads, signposted Bishopton. Repeat 1st lap via Bishopton, Great Staintion and Sadberge Village to continue along C51, to turn 1st left onto road signposted Bishopton. Proceed to Finish at entrance to Stonly Flat Farm, approx 300yds before start area. (23.0 miles)

Race Headquarters

Bishopton Village Hall Church View Bishopton TS21 1HB (Open from 8:15 am)

Teesside District Guidelines

- 1. All numbers are available at the Event Headquarters and <u>not</u> at the start, All riders will be required to sign on, when collecting their number. A notice will be on display, adjacent to the signing on sheet, identifying any significant risks that may have been identified on the day of the event, which may affect rider's or officials safety.
- 2. No cars other than the event officials to be parked at the start or finish.
- 3. No U turns are to be undertaken within sight of the start or finish.
- 4. Riders are not to warm up on any part of the course, whilst an event is being held
- 5. No turbo trainers are to be used for warming up within 100 metres of inhabited properties.
- 6. In the interest of your own safety, hard shell helmet use is recommended for all competitors. Regulation 15, in the current CTT Handbook states that all competitors under the age of 18 years and/or Juniors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised standard such as SNELL B95, ANSI Z90 4, AUS/NZ/2063.96, CPSC or EN 1078.
- 7. A rear light working in flashing or constant mode, affixed to a competitor's cycle is recommended.

Additional Information

Please consider the residents of Bishopton Village and do not restrict their access to properties. Please park on the east side of section of road between the start and finish areas and not in Bishopton village while competing.

Prizes

 Overall
 1st £20, 2nd £15, 3rd £12

 Lady
 1st £12

 Vet
 1st £ 12

 One Prize per Rider